

HEZ Grocery Store Checklist

Version 1.0 Self-administered check-list

Date	Store Name
Store Address	
Store Type 1) 1. Supermarket 2) 2. Non-chain grocery store 3) 3. Chain convenience store 4) 4. Non-chain convenience store 5) 5. Gas/Convenience 6) 6. Specialty: (_____) 7) 7. Other: (_____)	

a) Are there accessible parking spaces?

Yes

No

N/A

i) If yes, how many accessible spaces are there? _____

b) If there are accessible parking spaces, are the accessible spaces closest to the entrance?

Yes

No

N/A

C. Are you able to enter the store without difficulty?

Yes

No

N/A

D. If there are stairs at the entrance, is there an accessible alternate route and signs to the alternate route?

Yes

No

N/A

E. Can the alternate accessible entrance be used independently (you don't have to ring a bell or ask an employee for help)?

Yes

No

N/A

F. Are there signs designating shopping assistance?

Yes

No

N/A

G. Are shopping carts and baskets available for use and accessible?

Yes

No

N/A

H. Are scooters with grocery baskets available for use and easily accessible?

Yes

No

N/A

I. Are you able to get down all the aisles without difficulty (if in a wheel chair you can turn without difficulty)?

Yes

No

N/A

J. In the produce section can you easily reach the food scales and produce bags?

Yes

No

N/A

K. Is there a portion of *food-ordering counters* (deli, bakery) that you can easily reach?

Yes

No

N/A

L. Are there steps or stairs to any internal public spaces (such as phone booths, ATM, restrooms, coolers)?

Yes

No

N/A

M. Are there signs designating accessible checkout areas and are they open at all times?

Yes

No

N/A

PRIORITY 3. HEALTHY FOOD AVAILABILITY

	Target Healthy Foods	Please checkmark if the store carries the item	Please checkmark if you can you easily reach the item without assistance?
A	Whole fruit		
B	Carrot sticks or baby carrots		
C	Whole Wheat Bread		
D	Corn Tortillas		
E	Whole wheat flour		
F	Brown Rice		
G	Beans		
H	Canned fruit packed in their own juices		
I	Low-sodium canned vegetables		
J	Low-sodium spaghetti sauce		
K	Water-packed salmon/ water packed tuna		
L	Canola or olive oil		
M	Lean ground pork/ground turkey		
N	Fish (either frozen or fresh)		
O	Low fat milk		
P	Low fat cheese		
Q	Yogurt		
R	Liquid margarine		